

**why you should start drinking your own pee the benefits** - if you re ever out of water and in a survival situation drinking your own urine can be great way to survive urine therapy has been used to overcome diseases such as arthritis cancer hepatitis multiple sclerosis eczema psoriasis diabetes herpes and adrenal failure, **how why to drink your own urine mama natural** - why drink your own urine drinking pee can come with a ton of health benefits people have practiced urine therapy for millennia to treat chronic cough depression bad breath unwanted facial hair and even high foot arches how to drink your own urine as you can imagine the process is pretty simple, **urine your own perfect medicine all natural** - the past few years have seen world symposiums on urine therapy attended by hundreds of doctors who drink their own urine martha christy offers sensible advice and many case studies she suggests not flushing the kidneys by taking copious amounts of water which dilutes the healing properties of the urine, **15 health benefits of urine therapy no 8 shocking** - 36 health benefits of urine therapy for your body some western soldiers also believed that they can survive in wilderness by drinking their own urine and it also, **why you definitely shouldn t drink your own pee gizmodo** - in america urine therapy has gained a sizable following thanks to ringing endorsements from celebrated health experts and medical professionals like madonna who reportedly pees on her own feet to cure athlete s foot as well as boxer juan manuel m rquez and mma stars lyoto machida and luke cummo who supposedly drink it for various perceived health benefits, **urotherapy is drinking urine good for you really** - urotherapy is the alternative therapy said to cure everything from cancer to acne but would you could you slug back your own wee, **urine therapy natural traditional remedies grow youthful** - urine therapy is a popular effective and free remedy for many ailments there are many books available on urine therapy for thousands of years it has been used to heal a wide variety of ailments people drink it and also apply it to the skin urine is the body s own specific medicine many, **purported urine therapy benefits are false medicinenet** - urine therapy urotherapy the bottom line is that drinking your own urine isn t likely to be harmful but it has no known medical benefit

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